



MEDIA STATEMENT

FOR IMMEDIATE RELEASE

Contact: Christine Ruggieri, Director of Community Relations,
330-240-4838 cruggieri@forumhealth.org

TMH and YWCA Offer Program for Women

Warren, July 2, 2010 — Trumbull Memorial Hospital continues its commitment to women's health with a free program for women to meet with leading medical professionals at A Time to Wine, on July 29 from 6-8 p.m. at the YWCA of Warren.

The next program in this series focuses on “things that fall” — some of the most common complaints women have with aging. Board certified plastic and reconstructive surgeons Dr. Peter Sarkos and Dr. Arvind Padubidri will be on hand to discuss breast, body and facial rejuvenation. Both surgeons perform a wide variety of surgical and non-surgical cosmetic procedures with a focus on patients looking, feeling and functioning at their best. These discussions provide participants with the education and information to make well-informed choices.

Also joining the event is Dr. Tara Shipman, an obstetrician and gynecologist, to discuss pelvic prolapse. This damage to the pelvic floor muscles or ligaments may occur for a variety of reasons including age-related changes in hormonal status or muscle wasting. As a result, women experience pelvic pressure or the feeling as if “something is falling out.” Dr. Shipman will discuss options to remedy this condition.

The program also features bone density screenings, body fat analysis, blood pressure screenings, posture screenings and educational handouts. Refreshments and wine will be available.

Women's care at TMH is among the top five percent in the nation, according to HealthGrades, the leading independent healthcare ratings organization. With many service lines at the TMH addressing the specific needs of women in a clinically tailored way, the Time to Wine events allows the hospital to provide information in a relaxed environment and begin the conversation with women about their healthcare concerns. It also provides access to physicians to answer questions in a non-clinical setting that may not require the urgency of an office visit.

The Time to Wine series is in collaboration with the YWCA of Warren. The YWCA will also have information on programs that are important to women and can make a difference in their health.

Please call the YWCA at 330.373.1010 to make a reservation.

For more information, please contact Christine Ruggieri at 330.240.4838.

###