



Hillside Rehabilitation Hospital

Hands that Rehabilitate, Hearts that Heal

MEDIA RELEASE

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HILLSIDE REHABILITATION HOSPITAL RECEIVES \$3,900 QUALITY OF LIFE GRANT FROM CHRISTOPHER & DANA REEVE FOUNDATION FOR
This is the second time that Hillside's Adapted Sports Program received Quality of Life Grant

YOUNGSTOWN, OHIO (JULY 29, 2010) – Hillside Rehabilitation Hospital is proud to announce that it has received a \$3,900 Quality of Life grant from the Christopher & Dana Reeve Foundation. The award was one of 89 grants totaling more than \$500,000 awarded by the Reeve Foundation to nonprofit organizations nationwide that aid in providing more opportunities, access, and daily quality of life for individuals living with paralysis, their families, and caregivers. Since the program was developed in 1999 by the late Dana Reeve, over 1,700 grants have been awarded, totaling over \$13 million.

In 2008 Hillside Rehabilitation Hospital received a \$6,370 grant which was used to support programmatic cost, including fees for competitions and tournaments, golf passes, archery indoor rental fees, bowling fees, golf fees and facility maintenance cost.

This year Hillside Rehabilitation Hospital will use the grant to continue to help those living with paralysis become active members in everyday life. Through the Expanding the Dream: Hillside Adapted Sports Program will utilize the grant dollars for bowling, archery and golf fees as well as for competitions/tournaments. The Adapted Sports Program at Hillside provides an opportunity for the physically disabled to participate in a variety of sporting activities. The program not only assists in therapy, but addresses the many fitness challenges of individuals with disabilities. Other benefits include enhanced self esteem, increased wellness and promoting lifelong recreational pursuits. Archery, biking, golf, bocce, bowling, and air rifle are among the many activities available through this program.

"We are very thankful to the Reeve foundation for recognizing Hillside's Adapted Sports Program and honoring us with a grant for a second time," said Marilyn Titus, Chief Operating Officer at Hillside Rehabilitation Hospital. "We are very passionate about our growing Adapted Sports Program, it's a unique program that brings such great value to the community."

"Dana Reeve created the Quality of Life grants program to provide people living with paralysis freedom to experience life to their fullest potential," said Peter T. Wilderotter, president and

CEO of the Christopher & Dana Reeve Foundation. “Organizations receiving these grants help to keep her vision flourishing by providing more opportunities and support in day-to-day life for these individuals, their families, and caregivers.”

The Reeve Foundation’s Quality of Life grants are divided into three categories, Actively Achieving, Bridging Barriers and Caring and Coping. Some Quality of Life grants are funded through a cooperative agreement with the Centers for Disease Control and Prevention (Award #1U59DD000338). These grants are awarded to nonprofit organizations that address the needs of people living with paralysis caused by spinal cord and other injuries, diseases and birth conditions.

About the Reeve Foundation

The Christopher & Dana Reeve Foundation is dedicated to curing spinal cord injury by funding innovative research, and improving the quality of life for people living with paralysis through grants, information and advocacy. For more information, and to review the entire list of Quality of Life grant recipients, please visit our website at www.ChristopherReeve.org or call 800-225-0292.

For more information about Hillside’s Adapted Sports Program, contact Linda Case – Adapted Sports

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